

# SUMMER NEWSLETTER



## OUR ACTIVITIES, EVENTS, SERVICES AND PROGRAMS:

Focus on active living, health and well-being, we aim to provide leadership and support to creating and maintaining the conditions for all residents of Clare to be healthy through the lifespan and to create a healthy and vibrant community.

## CONTACT US

**Email:** [recreation@munclare.ca](mailto:recreation@munclare.ca)  
**Website:** [www.clarenovascotia.ca](http://www.clarenovascotia.ca)  
**Telephone:** 902-769-2031  
**Facebook:** Loisirs de Clare - Clare Recreation  
**Instagram:** @clarerecservices  
**Office hours:** Monday to Friday  
8:30 a.m. - 12 p.m. & 1 p.m. - 4:30 p.m.



## We have moved for 2023!

Hub Culturel - First floor  
795 Highway 1, Comeauville

We have made the switch to online registration for our programs and events! To access the registration form simply go to our Community Calendar on the Municipal website.

# ACTIVITIES FOR YOUTH AND TEENS

## FUN-SIZE FRIENDS



Every Tuesday in July

9 a.m. - 11 a.m.  
\$5 per week  
Ages 3-5

Children aged 3 to 5 are invited to join us at Université Sainte-Anne for fun-filled activities including swimming, reading, crafts, and games on Tuesday July 7, 14, 21, and 28. **Registration required:** before the Monday of each week

## YOUTH SURF CAMP



July 3 to 7, July 17 to 21 and August 21 to 25

10 a.m. - 3 p.m.  
\$300 per week  
Ages 10-18

We've partnered with The Good Wave Project again this summer! For 2 separate weeks during the month of July as well as one week in August we'll be having a surf camp. Come join us on the beach and learn how to ride some waves!

## YOUTH SPORTS CAMP



Monday, July 10 to Friday, July 14

8 a.m. - 12 p.m.  
\$10 per day  
Ages 3-6

Our five day sports camp for youth aged 3 to 6 includes a variety of sports such as volleyball, basketball, soccer, tennis, ball hockey, badminton, track, rugby and more! It is a good way for children to learn the basics of these sports. A detailed itinerary will be provided to the parents of those who register. **Registration required.**

## TEEN BAKING CAMP



Monday, July 24 to Wednesday, July 26

1 p.m. - 4 p.m.  
\$10 per day  
Ages 10-15

During these three days we will have guests come in to teach us new recipes as well as tips and tricks when it comes to baking. We will finish the week by letting participants use their creativity in a team baking competition. **Registration required.**

## CHILDRENS PARADE



Tuesday, August 1

1:30 p.m.  
FREE!  
Ages 12 and under

Youth ages 12 and under are invited to participate in the Festival Acadien de Clare's childrens parade! The parade will start at Stella-Maris Church at 1:30 p.m. and will end at la Villa Acadienne in Meteghan. Prizes will be given for the best costumes! **Registration required.**

## TEEN SPORTS CAMP



Monday, August 14 to Friday, August 18

8 a.m. - 4 p.m.  
\$15 per day  
Ages 10-15

Our five day sports camp for youth aged 10 to 15 includes a variety of sports such as volleyball, basketball, soccer, tennis, ball hockey, badminton, track, rugby and more! A detailed itinerary will be provided to the parents of those who register. Children must pack a lunch for each day. **Registration required.**

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## ACTIVITIES FOR ADULTS

### WASHER TOURNAMENT



**June 22, 28, July 27 and August 16**

10:30 a.m.  
FREE!  
Adults

Compete against others in a fun washer toss tournament! On June 28 and July 27 a tournament will be held at the Havelock Community Centre and on June 22 and August 16 a tournament will be held at the École secondaire de Clare baseball field. All tournaments start at 10:30 a.m. A BBQ will be provided for lunch, but please bring your own chair.

### DROP IN PICKLEBALL



**Every Monday and Friday of July and August**

9:30 a.m. - 11:30 a.m.  
FREE!  
Adults

Come drop in for some pickleball every Monday and Friday at 9:30 a.m. during the months of July and August at the Université Sainte-Anne gym. Please wear clean indoor footwear. Equipment is provided.

### ACADIAN PAINT NIGHT



**Wednesday, August 9**

6:30 p.m.  
\$30 per person  
Ages 19 and older

Come join us for a fun night of painting with Anne LeBlanc at the Meteghan Fire Hall. All supplies will be provided to complete a beautiful Acadian themed painting.  
**Registration required.**

## ACTIVITIES FOR ALL AGES

### SHORT TRACK



**Every Tuesday from June 13 to July 4**

6 p.m.  
\$20 per person for  
all 4 sessions  
All ages

Come bike some exciting courses with us in the Petit Bois at Université Sainte-Anne. You can have fun biking with the whole family or try and beat your own course record!  
**Registration required.**

### KAYAKING



**Tuesday, June 13 and Tuesday, June 27**

6 p.m. - 7:30 p.m.  
FREE!  
Ages 16 and older

Join us for a fun kayaking adventure at Wentworth Boat Launch on June 13 and at Seth Lake in Meteghan on June 27. Participants may bring their own kayaks or borrow ours. **Registration required to borrow our kayaks.**

### BURGER D'LA BAIE



**Friday, June 16 to Sunday, June 25**

From Friday, June 16th until Sunday, June 25, we will be hosting Clare's second annual Burger d'la Baie! Participants are invited to try specialty burgers at each participating location, collect stamps on their passport to win prizes, and vote for their favorite burgers. The participating local restaurants are announced on our Facebook.

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## PRIDE EVENT

Tuesday, June 27

6 p.m.  
FREE!  
All ages

Come march with us at Université Sainte-Anne (Rendez-Vous de la Baie) and enjoy the movie premier of "Y'a Une Étoile" produced by Julien Cadieux as of 6 p.m.



## END OF SCHOOL BASH

Wednesday, June 28

3 p.m. - 5 p.m.  
FREE!  
All ages

Come join us at the Havelock Community Centre to celebrate the end of the school year! There will be a BBQ, a Slip N' Slide and lawn games.



## CANADA DAY

Saturday, July 1

2 p.m. - 6 p.m.  
FREE!  
All ages

Let's celebrate Canada! The entire family is invited to an afternoon of music with Faultline, BBQ, and games including our Slip N' Slide at the Richelieu in Meteghan River. Bring your own lawn chair or picnic blankets and enjoy the day with us.



## BEACH YOGA

Every Tuesday in July and August

6:30 p.m.  
FREE!  
All ages

Meet up with yoga instructors Stéph or Valérie every Tuesday of July and August! We will meet at the first staircase at Mavillette Beach. Bring your yoga mat or borrow one of ours. In case of inclement weather, the event will be rescheduled to the next day.



## POKER WALK

Thursday, July 6

6:30 p.m.  
FREE!  
All ages

Come walk along the Belliveau Cove boardwalk and pick up playing cards at checkpoints along the way in an effort to get the highest poker hand! The 3 best hands will each receive a prize. **Registration required on day of event.**



## SLIP N' SLIDE

Thursday, July 13 and Monday, July 24

6:30 p.m.  
FREE!  
All ages

Come and have fun on our huge soapy slide! Slip N' Slide will take place at École Stella-Maris in Meteghan on July 13, and at the Havelock Community Centre on Monday, July 24. This activity is open to all and will take place rain or shine.

## MINI TRIATHLON

Sunday, July 23

10 a.m.  
\$20  
Ages 13 and older

Test your skills in this exciting event at Lac à Victor! Participants ages 13 and older will run, kayak and cycle their way to the finish line. Participants may bring their own equipment or use equipment provided by Clare Recreation Services. The event begins at Lac à Victor (CJA). **Registration required.**

## BEATS BY THE BAY

Wednesday, July 26

7 p.m.  
FREE!  
All ages

Join us at Smugglers Cove Provincial Park on July 26 at 7 p.m. for live music by Les Clare Bears! Bring your own lawn chair or picnic blankets and enjoy the evening with us.

# ACTIVITIES FOR ALL AGES

## TRIVIA AND PHOTO HUNT



Thursday, July 27

6:30 p.m.  
FREE!  
All ages

Bring your team to the Salmon River firehall to participate in this popular activity that will test your knowledge of Clare! Participants will answer a trivia questionnaire, followed by a photo hunt revolving around specific hints. Participants must have access to a vehicle and a smartphone. **Registration required:** Before July 20 (in teams of 2 - 5 participants)

*\*\*Photos to be submitted via Facebook/e-mail prior to 8:30 p.m. on the day of event.*

## CAPE TO CLIFF BEACH RUN



Saturday, August 5

8:30 a.m. shotgun  
start  
\$30  
Ages 16 and older

Come run any of our four distances at Mavillette Beach Provincial Park on August 5th. Choose from a 4 km, 6 km, 8 km and a 10 km route. All routes will start and finish on Mavillette beach. Participants are asked to park in the middle parking lot, civic 335. **Registration required:** those who register before Monday, July 10 will receive a t-shirt.

## MOVIE NIGHT AT SMUGGLER'S COVE



Friday, August 11

7:30 p.m.  
FREE!  
All ages

On August 11 we will be hosting a movie night at Smuggler's Cove Provincial Park. A movie for kids will be playing at 7:30 p.m. and a PG13 movie will start at 9 p.m. Bring your own lawn chairs or picnic blankets.

## AUGUST 15TH FLAG RAISING



Tuesday, August 15

10 a.m.  
FREE!  
All ages

Join us at the Municipality of Clare office building to celebrate our Acadian heritage with the raising of the Acadian flag, followed by a performance by La Baie en Joie and cupcakes!

## TINTAMARRE



Tuesday, August 15

6 p.m.  
FREE!  
All ages

On Tuesday, August 15, participate in this fun Acadian celebration while making as much noise in your cars as possible! The tintamarre leaves at 6 p.m. sharp from Salmon River firehall and St. Bernard Church. All participants must follow the rules of the road.

## END OF SUMMER BASH



Thursday, August 31

3 p.m. - 5 p.m.  
FREE!  
All ages

Come join us at the Richelieu in Meteghan River to celebrate the end of summer! There will be a BBQ, a Slip N' Slide and lawn games.

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# SUMMER DAY CAMP (LA CJA)

La CJA is back and bigger than ever with 8 full weeks of day camp at the Yurtes on Université Sainte-Anne campus! Youth ages 5 to 12 are able to choose from different themed weeks, each week will have games and a community outing related directly to the theme. Registration opened on June 1 but there are still spots left. Check out the community calendar to register and for more information!

JULY 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 
2	3 	4 	5 	6 	7 	8
9	10 	11 	12 	13 	14	15
16 	17 	18	19	20 	21	22
23 	24 	25 	26 	27 	28 	29
30 	31					

AUGUST 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 	2	3	4 	5 
6 	7	8 	9	10	11 	12
13 	14 	15 	16 	17	18 	19
20 	21	22	23	24	25 	26
27 	28	29 	30 	31		

